

week 1 15.09/06.10/27.10	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Margherita pizza with baked potato wedges	Mince beef taco	Roast beef, with Yorkshire pudding, roast potatoes & gravy	Chicken tikka masala with 50/50 rice	Crispy fish fingers with chunky chips
Vegetarian Main dish	Roasted vegetable pizza	 Tomato & basil pasta	 Quorn™ fillet with roast potatoes & gravy	 Vegetable chow mein	Breaded vegetable fingers served with chips
Accompaniments	Baked beans Coleslaw Salad bar	Peas & sweetcorn Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & baked beans Salad bar
Desserts	Flapjack	Lemon drizzle cake	Oatie biscuit	Chocolate brownie	 Fresh fruit & ice cream
Fresh fruit or yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
Jacket potato and sandwich selection	Jacket potatoes Beans or cheese	Jacket potatoes Beans or cheese	Ham or cheese Sandwiches	Ham or cheese Sandwiches	Jacket potatoes beans or cheese

